

# Next Steps

## Guidelines for the Activity

30 minutes

*FACILITATOR NOTES: The point of this activity is to promote individuals and groups to do something. Rather than feeling powerless or fearful, they have it within their prevue to make some changes. At a minimum, implementing these changes can create momentum and that can make a BIG impact. We're trying to get people to focus on what they CAN do instead of what they can't change. Sometimes you can flip the conversation with a simple question, focusing on what can be done.*

### I. INTRODUCTION to full group (5 minutes)

- This activity is designed to provide the participants with the power to recognize and implement “15% solutions.” 15% solutions are those that can be implemented now – each individual person should have the freedom and resources to implement something that gets you 15% of the way to the goal.
- Each individual should identify a goal and identify one of the innovations or some activity they want to do based on today’s training that gets them 15% of the way to the goal.

Timing: Introduction (5 minutes), then Group work.

- Individuals work by themselves to describe their goal and what they can do for their 15% solution (3 min).
- Individuals share in pairs or with the entire group of 4 (2 min/person and one person at a time = 8 minutes).
- Group members provide consultation to one another (asking clarifying questions and offering advice). 4 min/person and one person at a time = 16 minutes).

Breaking into Groups: Have 2-4 people per group, sitting at chairs, no tables needed.

### II. INDIVIDUALS BY THEMSELVES (3 minutes) Provide all individuals with an index card.

- What will you do when you return home? This should be something that you currently have the power and resources to accomplish.
- What is the longer-term goal that this action helps you achieve?
- Can you think of others who could help build momentum?
- Do you see the possibility of this activity helping to shift “norms” or values toward this goal? For example, if you could get school kids to sort food waste at school to feed livestock, would it carry through to their homes and throughout the community?

### III. REPORT TO GROUP (8 minutes: 2/person)

- Share your idea with everyone in the group
- Share exactly how and what you’ll do to implement the 15% solution.

### IV. CONSULTATION WITH GROUP MEMBERS (16 minutes: 4 min/person)

- Ask clarifying questions of each member.
- Offer advice and encouragement.