

Case Study Innovations Shift and Share

Guidelines for the Activity

60 minutes

FACILITATOR NOTES: The point of this activity is to provide examples of innovations (case studies of what others have done) and see if it sparks ideas for them. They may plan to try the exact same thing or there could be a twist on it so it would work in their situation. The point is to get them thinking and talking about things they could implement. The small groups will build trust among themselves and realize that everyone is an innovator.

Facilitators will have three case studies (one each) that they have reviewed and summarized. Provide the essence of the innovation and categorize it in view of the training. (Three examples are attached.) It's important to stay on schedule. The facilitators should include stories, when possible, to help the participants make the leap from understanding a small example of behavior change to seeing a broad change in values or a shift in resource allocation or both. This is truly key. Facilitators should entertain and engage the imagination of the participants. Trust that people will follow up if interested.

I. INTRODUCTION to full group (5 minutes)

- This activity is designed to provide the participants with the essential elements of innovations that have been implemented by others to prevent or reduce waste. The goal is for the course facilitator to explain the innovation(s) from the case study and for the participant group to ask questions and very briefly discuss how they may be able to adopt or adapt the innovation for their own situation.
- We'll break into three groups. One of the facilitators will be at each of three tables. The facilitator will explain the innovations of the case study they have in 8 minutes. Each group will have 3 minutes to ask questions and brainstorm about the innovations. Then the facilitator will move to the next table and explain the innovations to the new group. [alternately, the groups can move, and the facilitators stay stationary.] This will be repeated three times (11 minutes total/table + 1 minute shift (two shifts) * 3 rounds is 35 minutes). Then the group will have 10 minutes to discuss what innovations they might like to implement, how they will change them, or other ideas they have. In the last 10 minutes, each table will briefly report to the entire group what they plan to do or would at least like to try.

Timing: Introduction (5 minutes), Presentation/discussion (11 minutes; three rounds), Small group discussion (10 minutes), Report back (10 minutes)

Breaking into Groups: Number off 1, 2, 3. All the "1s" are at the same table, all the "2s" are at a table and all the "3s" at the third table.

II. FINAL DISCUSSION QUESTIONS AND PROMPTS (10 minutes) Provide all groups with all three case studies.

- Which innovation would you try if all things were possible?
- Could a version of this work for you?
- Which innovation is most likely to be easy to implement for you or in your situation?
- What support do you need to implement this idea?
- What other idea was sparked?
- What of these ideas have you already implemented? (How did it go for you?)

III. REPORT BACK (10 minutes): Report back one of these items to full group

- Name the innovation you will implement first and what it will take to be successful.
- Name the innovation you wish you could implement and why you can't.
- Name an innovation you thought of during this exercise.
- Name an innovation that you've already tried and why it was or wasn't successful.